

December 6, 2009

Second Sunday of Advent

Our Lady of Lourdes Parish & Newman Center

Fr. David J. Young

Pastor, Our Lady of Lourdes

Catholic Chaplain,

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Our **Advent Communal Penance Service** is Sunday, **DECEMBER 6 at 7:00 PM.** Along with Father Dave, guest priests will be available for hearing Confessions. Our Grade 2 PSR students will be celebrating their **First Reconciliation.** PSR students will be sitting with their families so a family member can assist and encourage them, before they go to Confession.

HOW TO GO TO CONFESSION

- † Pray to the Holy Spirit for self-knowledge and trust in the mercy of God. Examine your conscience, be truly sorry for your sins, and resolve to change your life.
- † Go to the Confessional, where the priest will welcome you and begin with the Sign of the Cross. Then you say, "Bless me, Father, for I have sinned. It has been #__ weeks/ months/years since my last confession."
- † Confess your sins openly and candidly.
- † Listen to the priest for whatever counsel he may feel is appropriate. If you have any question about the faith, how to grow in holiness, or whether something is a sin, feel free to ask him. Then the priest will assign you a penance.
- † Pray an Act of Contrition* when the priest tells you.
- † Listen as the priest absolves you of your sins and enjoy the fact that God has truly freed you from all your sins.
- † Do the penance the priest assigns you.

*ACT OF CONTRITION

*"O my God, I am heartily sorry for having offended you,
and I detest all my sins because of your just punishments,
but most of all because they offend you, my God,
who are all good and deserving of all my love.*

*I firmly resolve, with the help of your grace,
to sin no more and to avoid the near occasions of sin.
Amen."*

Sacraments & Devotions at Our Lady of Lourdes

Mass: (Sept. - May) Saturday - 5:00 pm ~ Sunday 9:00 am & 11:00 am* ~ * Second Sunday of each month (during ONU school year), 11:15 at English Chapel
On the Fourth Sunday of each month, when ONU classes are in session, there is a Third Sunday Mass at 8:30 pm in the English Chapel.

Mass: (June - August) Saturday - 5:00 pm and Sunday - 10:00 am ~ **Daily Mass** (All year): Monday through Thursday at 9:00 a.m.

Confessions: Every Saturday - 4:30 - 4:45 pm or by appointment.

Communal Penance Services in Advent* and Lent

*includes First Reconciliation for PSR Grade 2 students

Baptisms: Parents wishing to have their child baptized are asked to make an appointment with the pastor, at least one month in advance. Baptisms are normally celebrated within one of our Sunday Masses, but may also be scheduled on Sunday afternoons, directly following the last Mass.

Marriage: Couples who wish to marry in the Catholic Church are asked to contact the pastor at least six months *in advance*, in order to meet with him before setting a date, or making any further arrangements. Couples are also required to attend an approved marriage preparation course, in addition to regular meetings with the pastor.

Confirmation: Students in Seventh Grade (& any in Grades 8-12 who are not confirmed) prepare & celebrate the Sacrament each year. College students & other adults who wish to be Confirmed should contact the Pastor.

Anointing of the Sick: Communal celebrations of this sacrament occur twice annually (Advent & Lent). Individual anointings are available upon request, or by appointment. Should you have family or friends in need of the sacrament, please contact the pastor as soon as possible.

RCIA: The "Rite of Christian Initiation of Adults" is the process by which an adult becomes a member of the Catholic Church. If you, or someone you know, is interested in joining the Church, please contact the pastor for more information. For preparation and celebration of the Sacraments of Initiation for children (outside of the Parish School of Religion) contact the Pastor.